

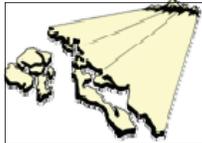
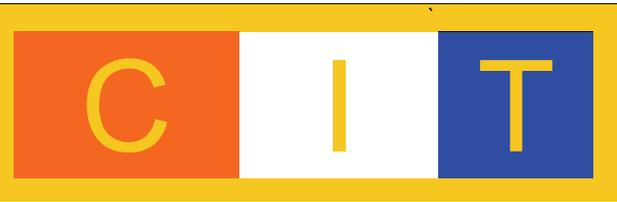


Snohomish County
Human Services

PROGRAMS

- Basic Needs
- Children, Youth, and Family
- Drug Abuse Prevention and Treatment
- Mental Health
- Older Adults and Disability

North Sound Regional Ombuds



North Sound
Mental Health Administration



Senior Services of Snohomish County



SEA MAR BEHAVIORAL HEALTH SERVICES



Evergreen Manor Detoxification Specialists



SNOHOMISH COUNTY Mental Health Crisis Resources Pamphlet

A guide to area resources for
consumers and their
families to help a loved one in crisis.



In partnership with
Snohomish County Law
Enforcement, helping our
Community help each other.

Quick Reference Phone Numbers

Care Crisis Line (VOA)	800-584-3578
Access to Mental Health Services	888-693-7200
NAMI—Snohomish County	(425) 339-3620
Snohomish County ITA Services	(425) 388-7215
Veteran’s Assistance Program	(425) 388-7255
Developmental Disabilities	(425) 388-7208
Family Caregiver Resource Line	800-422-2024
Alcohol and Other Drugs Prevention	(425) 388-7473
Evergreen Manor Detoxification	(425) 258-3255
Snohomish County Community Mental Health Programs	(425) 388-7211
Adult Day Health Programs	800-422-2024
Long Term Care Ombudsman	(425) 388-7393
North Sound Ombuds	888-336-6164
Compass Health	(425) 349-6200 800-457-9303
Bridgeways	(425) 355-8668
Senior Services of Snohomish County	(425) 355-1112
Catholic Community Services Adult Mental Health Clinic	(425) 257-2111
Children’s Mental Health Clinic	(425) 257-1621
Sea Mar Mental Health Monroe Substance Abuse Services	(360) 282-3899 (360) 282-2904
Everett Sea Mar	(425) 609-5505
Lynnwood Sea Mar	(425) 977-2561

A Brief Explanation of Resources

The **Care Crisis Line** is a resource provided by the Volunteers of America (VOA). The Care Crisis Line can put you in touch with emergency outreach services, involuntary commitment services and suicide prevention services as well as many others.

NAMI is the **National Alliance on Mental Illness**. NAMI assists consumers and their families with locating resources and helping them cope with mental illness.

Veteran’s Assistance Program provides emergency assistance to honorably discharged Veterans who have served at least 180 days of Federal active duty. Treatment can include: medical, alcohol and drug treatment, mental health and other specialty medicine.

Developmental Disabilities provides support in several areas including contracting for high school transition, adult employment, early intervention, and general problem solving for individuals and/or families.

The **Family Caregiver Program** focuses its services on family and other unpaid caregivers such as friends, relatives and members of the community.

Alcohol and Other Drugs Treatment Program funds and manages a continuum of care for indigent and low-income alcoholics and addicts that includes sub-acute detoxification, outpatient assessment and treatment services as well as liaison services with adult drug court.

Evergreen Manor Detoxification is an acute detoxification facility that offers free medical detoxification services to residents of Snohomish County. The program provides not only detoxification but also seeks to motivate and refer patients to chemical dependency treatment.

Snohomish County Community Mental Health Services provides community-based mental health support services that include assisting individuals with mental illness who are transitioning from the County Jail and the State Hospital back to their local community.

The Washington State **Long Term Care Ombudsman Program** protects the rights of residents of long term care facilities (adult family homes, boarding homes, and nursing homes) and empowers residents and their families to advocate for high quality and compassionate care.

Resources Continued

The **North Sound Ombuds** work collaboratively with the North Sound Mental Health Administration (the region’s mental health program authority) and its mental health service provider agencies on behalf of consumers who have a complaint against some aspect of the community mental health program.

Compass Health provides services for children, adults, and families dealing with mental illness. They have a wide range of services and can provide families with a great deal of information on how to help their loved one in crisis.

Bridgeways supports adults with mental illness so they can thrive in the community, building connections with other providers, friends and family. Programs promoting recovery, independence and self-sufficiency include an array of client-centered clinical services, housing and employment programs.

Senior Services of Snohomish County can provide seniors with a number of resources from housing options to depression screening and counseling.

Catholic Community Services provides a broad spectrum of services ranging from counseling, housing, home care, volunteer programs, and many more.

The **Volunteers of America** are responsible for the Care Crisis Line, 211 phone line, and for dispatching both voluntary and involuntary teams to assist consumers in crisis.

Sea Mar Behavioral Health Services provides quality mental health and substance abuse services to children, youth and adults, specializing in providing culturally competent services.

Adult Day Health Programs is a weekday rehabilitation program for physically and/or mentally limited seniors.

CIT stands for Crisis Intervention Training. This is specialized training designed to provide first responders with insight into dealing with consumers in crisis and providing them with a better understanding of what consumers may be dealing with.